

BOYS AND GIRLS VOLLEYBALL

1. **NFHS RULES APPLY UNLESS NOTED BELOW**

- A. Height of net shall be 7' 4 ¼ "
- B. Matches: Best of 3 - First two games are played to 25; the winning margin must be 2 points using rally scoring rules. If a 3rd game is necessary it will be to 15 points using rally scoring with a winning margin of at least 2 points.
- C. In order for a school to participate in league play, they must field at boys and girls team.
- D. Each team shall be given 12 minutes warm-up prior to 1st match and in between matches. 5 min , 5 min , 2 min
- E. Game ball must be stamped with a NFHS approval stamp.
- F. Eighteen substitutions are allowed each game.
- G. Let service is still in play. A block is NOT considered a hit.

All Playoff games (all rounds) MUST have 2 officials. One up and one down official.