

## BOYS AND GIRLS BASKETBALL

### 1. NFHS RULES APPLY UNLESS NOTED BELOW

- A. 7<sup>th</sup> & 8<sup>th</sup> Grade Boys & Girls play – 7-minute quarters
- B. Teams shall be 7<sup>th</sup> and 8<sup>th</sup> grade students. 5<sup>th</sup> & 6<sup>th</sup> graders may play on the 7<sup>th</sup> grade team if a school does not have enough players to have a team. If a school does not field a 7<sup>th</sup> grade team, 6<sup>th</sup> and 7<sup>th</sup> graders may play on the 8<sup>th</sup> grade team.
- C. In order for a school to participate in league play, they must field at 7<sup>th</sup> & 8<sup>th</sup> grade team.
- D. Each team shall be given a minimum of 10 minutes warm-up prior to the first game and in between games.
- E. Halftime of a basketball game must be 5min for 7<sup>th</sup> and 8<sup>th</sup> grade.
- F. If a game is tied at the end of regulation, a 3 minute overtime period will take place. If still tied, additional 3 minute overtime periods take place until a winner is determined.
- G. A player may NOT move from one team to another during the season.
- H. When a team has a 20 point lead they cannot extend their defense past half court.  
**1<sup>st</sup> Violation:** Warning  
**2<sup>nd</sup> Violation and Beyond:** Technical foul to be assessed to the coach.
- I. At any time in the second half if a team has a 30 point lead the clock will not be stopped unless a time out is taken or injury occurs. The running clock continues even if a teams lead goes back under 30pts.
- J. If a team is up by 40 points at any point in the game the score for both teams is removed from the scoreboard and score is no longer kept on the board. The final score recorded will be the score at the time the 40 point lead was established. The game time is still kept on the clock to finish the game with running clock.

### **B League Girls ONLY**

At any point in the game if a team has a 15-point lead, there is no backcourt pressure and at any time in the second half with a 20 point lead the clock will not be stopped unless a team takes a time out or an