

ESAL Sports League Seasons 2024-2025

Softball & Cross Country		
1	Start Aug 12	XC & Softball
2	Week of Aug. 19	XC & Softball
3	Week of Aug. 26	XC & Softball
4	Week of Sept. 2	XC & Softball
5	Week of Sept 9	XC & Softball
6	Week of Sept 16	XC & Softball
7	Week of Sept 23	XC & Softball
8	Week of Sept. 30	Playoff Week
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Wrestling & Girls Basketball		
1	Start Sept. 30	Wrestling & 7/8 Girls Basketball
2	Week of Oct. 7	Wrestling & 7/8 Girls Basketball
3	Week of Oct. 14	Wrestling & 7/8 Girls Basketball
4	Week of Oct. 21	Wrestling & 7/8 Girls Basketball
5	Week of Oct. 28	Wrestling & 7/8 Girls Basketball
6	Week of Nov. 4	Wrestling & 7/8 Girls Basketball
7	Week of Nov. 11	Wrestling & 7/8 Girls Basketball
8	Week of Nov. 18	Wrestling & 7/8 Girls Basketball
	Week of Nov. 25	THANKSGIVING
9	Week of Dec. 2	Playoff Week

Boys Basketball		
1	Start Nov. 11	Boys Basketball
2	Week of Nov. 18	Boys Basketball
	Week of Nov. 25	THANKSGIVING
3	Week of Dec. 2	Boys Basketball
4	Week of Dec. 9	Boys Basketball
5	Week of Dec. 16	Boys Basketball
6	Week of Jan. 6	Boys Basketball
7	Week of Jan. 13	Boys Basketball
8	Week of Jan. 20	Boys Basketball
9	Week of Jan. 27	Playoff Week

Soccer & Volleyball		
1	Start Jan. 20	Soc. & VB
2	Week of Jan 27	Soc. & VB
3	Week of Feb. 3	Soc. & VB
4	Week of Feb. 10	Soc. & VB
	Week of Feb. 17	WINTER BREAK
5	Week of Feb. 24	Soc. & VB
6	Week of March 3	Soc. & VB
7	Week of March 10	Soc. & VB
8	Week of March 17	Soc. & VB
9	Week of March 24	Playoff Week

Track & Field		
1	Start March 17	Track
2	Week of March 24	Track
3	Week of March 31	Track
4	Week of April 7	Track (some schools on SB)
5	Week of April 14	Track (some schools on SB)
6	Week of April 21	Track (some schools on SB)
7	Week of April 28	Track
8	Week of May 5	Track
9	Week of May 12	Track (Division Finals week)
10	Week of May 19	Track (Section Finals week)

* Season is 9 weeks as we have varying spring breaks

LEAGUE MEETING DATES		
Aug. 19:	League Meeting (Sports Commitments)	
Aug. 26:	Scheduling Meeting	
Sept. 30 :	League Meeting (Softball & Cross Country Post Season week)	
Dec. 2:	League Meeting (Wrestling & Girls Basketball Post Season week)	
Jan. 27 :	League Meeting (Boys Basketball Post Season week)	
March 24:	League Meeting (Soccer & Volleyball Post Season week)	
May 19:	League Meeting (Track Section Finals week)	